



## Jessica Afable, MD

Internal Medicine

*Also Speaks Tagalog*

“My main goal as a doctor is always to provide the same quality of care that I would want for myself and my family.” With a guiding principle like that it’s little wonder that Dr. Jessica Afable is so popular with her patients, advising that good health is a journey with four essential steps: eat smart, move more, laugh a lot, and see your doctor regularly.

After completing her medical internship in Manila, Philippines, she did her Internal Medicine Residency at Harlem Hospital in New York City where she served as Chief Medical Resident in her final year as a resident.

Joining the staff at Desert Oasis Healthcare (DOHC) in 2003, Dr. Afable says that she became a doctor because she wanted a fulfilling career that directly improves the lives of others. She loves working with her peers and staff at DOHC that she finds equally dedicated and hardworking.

Dr. Afable believes in making her advice to her patients a part of her life every day. She says, “My husband and I love to go on long drives here in the beautiful Coachella Valley, as well as travel internationally and explore other cultures. Even though our children are grown, we still like to include them as often as possible in visiting museums, going to plays, and having reunions with our extended family.”

### EDUCATION

Medical School of University of Santo Tomas, Manila, Philippines

Internal Medicine Residency at Harlem Hospital, New York City, New York

### OFFICE LOCATION

265 N. El Cielo Road, Suite B-104

Palm Springs, CA 92262

**Phone: 760-320-8814**

**Fax: 760-323-7204**