DESERT OASIS HEALTHCARE

Your Health. Your Life. Our Passion.

James M. Adams, MD, AAHIVS

Family Practice and HIV Medicine

Board Certified by the American Board of Family Medicine

Certified by the American Academy of HIV Medicine

After graduating from the University of North Carolina School of Medicine, Dr. Adams completed his internship at Santa Monica-UCLA Family Medicine Residency Program and residency at USC-California Hospital Medical Center Family Medicine Residency Program. He went on to complete a fellowship in HIV Medicine at the UCSD Owen Clinic.

With more than two decades of experience, Dr. Adams believes in forming strong relationships with his patients based on trust, empathy, and shared decision-making. Dr. Adams is dedicated to providing personalized care that considers each patient's unique story and healthcare needs. He is passionate about improving the health and well-being of his patients and helping them achieve their goals.

In his leisure time, Dr. Adams enjoys playing a variety of sports including tennis, softball, biking, running, skiing, and snowboarding. He follows several favorite professional sports teams including the LA Lakers, NY Yankees, LA Dodgers, and Dallas Cowboys, as well as the UNC Tarheels.

Beyond sports, Dr. Adams enjoys reading, watching movies, and attending cultural events. As a former DJ, he has a passion for all kinds of music. He and his life partner, Rence, who is completing a graduate degree in architecture at Cal Poly Pomona, have found their forever home in Rancho Mirage and have enjoyed living in the desert since 2019.

EDUCATION

Medical Degree: University of North Carolina School of Medicine
Chapel Hill, NC

OFFICE LOCATION

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