

Be in the *Know* about HMO

An HMO may be the best choice for you...

An HMO that works with DOHC makes that choice even better!

	✓✓✓ HMO With DOHC	Other HMO	PPO
<u>What is it?</u>	<ul style="list-style-type: none"> A coordinated team of healthcare professionals supporting you in preventative care Our goal is to make it <u>easy</u> to get the care you need We are your best value for healthcare quality at lower cost to you and your family 	<ul style="list-style-type: none"> A group of Primary Care Physicians and Specialists providing care 	<ul style="list-style-type: none"> No team of healthcare professionals assigned to manage your care – you must navigate your care yourself High monthly copays and office visit premiums Not assigned to a Primary Care Physician and can choose in and out of network services
<u>What's the advantage?:</u>	<ul style="list-style-type: none"> Lots of great options to select for your Primary Care Physician Care coordinated for you by a Primary Care Physician and healthcare team Virtual Visits with your Primary Care Physician and healthcare team Care tailored for your specific healthcare needs- classes, programs, education all available to you Remote monitoring of your care with advanced technology solutions No to low out of pocket cost Access to all local hospitals Access to four local DOHC Immediate Cares Out of network emergency services, if medically necessary 	<ul style="list-style-type: none"> Limited coordination of care offered May offer Virtual Visits Lower out of pocket costs Many do not have access to all local hospitals Access to local Urgent Care, but many services are out of area 	<ul style="list-style-type: none"> No care coordination by a Primary Care Physician and healthcare team Higher out of pocket cost Access to all local hospitals Higher copay for Immediate Care visits May offer out of network emergency services with higher out of pocket costs
<u>Wellness Programs?:</u>	<ul style="list-style-type: none"> We make preventative care and wellness activities a priority for you and your family Free group classes and 1:1 consultations with your healthcare team – dietician, pharmacist, social worker, RN educator, and a case manager 	<ul style="list-style-type: none"> May offer reduced rates for preventative care and wellness activities 	<ul style="list-style-type: none"> Minimal preventative care and wellness activities offered
<u>Out of network coverage?:</u>	<ul style="list-style-type: none"> Yes, for emergency room services Call the 24/7 Patient Helpline for direction at (760) 969-6555 – physicians, pharmacists, and nurses are on call 24/7 to answer your questions 	<ul style="list-style-type: none"> Yes, for emergency room services 	<ul style="list-style-type: none"> High fee with a separate deductible Pay for service directly and file a claim for reimbursement
<u>Annual Deductible?:</u>	<ul style="list-style-type: none"> No to low annual deductible 	<ul style="list-style-type: none"> No to low annual deductible 	<ul style="list-style-type: none"> \$500 or more
<u>Copays?:</u>	<ul style="list-style-type: none"> No to low cost predictable copays for a Five Star Patient Experience 	<ul style="list-style-type: none"> Lower cost predictable copays 	<ul style="list-style-type: none"> Higher cost variable copays
<u>Referrals?:</u>	<ul style="list-style-type: none"> You will be referred to a local specialist with the assistance of your Primary Care Physician, when needed If a higher level of care is needed, you may be referred to world-renowned medical treatment facilities Healthcare team works with you and your Primary Care Physician to coordinate your care for your peace of mind 	<ul style="list-style-type: none"> You will be referred to a specialist which may not have local options 	<ul style="list-style-type: none"> No referral needed but copay may be very high Patient responsible to navigate a complex healthcare system



Questions?
Check us out at mydohc.com or contact Customer Service:
760-320-5134 for more information!



Patient Experience